# INFORMATION AND DATA SECURITY





Information security or InfoSec refers to the management of data and information to promote accuracy, efficiency and to work against unauthorised use. InfoSec isn't just about IT and cybersecurity. It covers all parts of the organisation that interact with data or information, for example, all of us! Examples of organisational data and information include contracts and other formal documents with customers, finance information in finance systems and information about you that is held by human resources (or HR).

### Areas covered.

- Information security behaviours
- Information security rules and management
- ISO and the ICO
- Policies
- The cost of poor security

# Who is it aimed at? \_

Anyone who needs to learn more about information security, the role you play in protecting information and data, ISO 27001 and how it affects you, as well as policies and practical steps you can take to secure information.



## Multi-device compatible\_

This course is compatible with most popular desktops, tablets and mobile devices.

# Key details at a glance

**Duration:** 1 hour

CPD: 1 point

Assessment: Multiple-choice questions

**Certificated:** Yes – Highfield Completion Certificate

Support: 01302 363277 support@highfield.co.uk

**Localisation:** EU legislation within a UK context, but suitable for international

businesses that trade with the EU and will be subject to the

legislation

